

February 13, 2023

Social Work #556

Generalist Social Work Practice #2

Journal #3

Discuss your level of participation in the 'assessment' session of the group experience.

1. Were you an active participant? Why or why not? What were your feelings during this session? **I believe I was an active participant in the group. I set up the zoom link. I also contributed to the conversation regarding the assessment of the foster care group we discussed for teenagers in the foster care system.**
2. Please assess the dynamics of your group. Are group norms being followed? Do group members seem connected and engaged? How are you adjusting? **Each member contributed to the conversation. Chris was the leader this week. He emerged as a leader by asking clarifying questions to each member that contributed. He was also able to summarize each member's point of view. I believe each member was engaged and gave feedback regarding the topic. I think I am adjusting well. The members of the group are eager to work together and get along with each other well. It helps that we have a few classes in common.**
3. How would you describe the 'assessment' session of your group experience? Did the group leader focus on the assessment stage? How effective were the activities in meeting the goal of assessment? What are the *strengths* of this leader? What are the *areas of growth* for this leader? **The group members brainstorm ideas regarding assess teens the foster care system. We discussed having an art therapy group to assist with evaluating the teens. We also discussed making the necessary referrals when needed. The group leader was focused and asked follow-up questions regarding the assessment stage. Chris is funny and easy to talk to. He is respectful to everyone in the group and appreciates each member's input. An area of growth would be for Chris to take on more leadership opportunities.**