

Adrianna Ramirez

Professor Lebo

NUR392C

February, 13, 2023

Journal 2

This past week at clinical I had an 18 year old patient who has muscular dystrophy and chronic hypercapnic respiratory failure along with many other health issues. This patient had no motor function so he needed help in all aspects of his care. I was able to help with his morning care and moving him into his wheelchair. I was also able to feed him his breakfast. My greatest challenge during this clinical day was feeling distracted. There are so many things going on in the hospital and patients who need care, that I feel like I was not able to be with my patient as much as I would have liked. I want to spend more time with my assigned patient, so that I can gain a better understanding of their condition and the interventions that are being used for it. I feel that I have grown in many aspects of my clinical performance, the more I am in the clinical setting I am able to gain experience and become more comfortable with my skills. My greatest accomplishment of this week was being able to be more active in the care of patients that were not assigned to me. I was able to communicate to other staff that I was willing to help and that enabled me more opportunities for patient interaction. Overall my technical skills are good, I notice that with sterile technique I doubt myself because I am scared to break the sterile field. I know that again, this comfort comes with practice. I believe that my communication skills are good and continuously improving. With staff I find myself being able to communicate effectively and professionally. I have not had to deal much with communication to the parents or family of my patients, but that is something that I want to experience, because with pediatrics it is very

important to have parents involved in their child's care. What I would like to improve with most is my comfort in hands-on care with patients. I find that because so many of the patients at this facility are on a ventilator or unable to move themselves I am worried about being too rough, but that sometimes keeps me from interacting as much as I would like. **2 Samuel 22:33** "It is God who arms me with strength and keeps my way secure". This verse served as an inspiration this week, because it reminded me that despite how weak I may be feeling, God is my strength and his way will be the way no matter what may happen to get there.