

IPIP Neo Write UP

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GCN602: Measurement and Assessment

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February 13th, 2023

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Doing personality tests always makes me nervous, insecure. I sometimes feel that I know myself perfectly, and other times I feel like I know who I want to be but not who I really am. It is for that reason that while taking these types of tests, I sometimes project the person I would want to be, rather than the person I am at the moment. I started the test confidently responding to all the questions, however I got a little insecure of my answers once I could tell the questions started to repeat. Nevertheless, now that I look at the test results, I am sure it reflects who I am and not who I want to be. I believe that because there are some traits of my personality that I'm not proud to represent. As I said earlier, I heavily identify with the results of the tests. There's a few results that I am not that happy to have gotten, which I will explain in depth later, and there are other results that are heading in the direction of who I want to be. Looking at these results has helped me get a better understanding of who I am, and things I maybe want to work on.

I believe the test scores suggest a clear personality type: I am an extroverted person that takes the lead and is involved in many activities. However, my level of agreeableness is average, it indicates some concern for others but apparently unwillingness to sacrifice myself for others. Another important fact about me, according to the test of course, is that my score in Conscientiousness is high. This means that I set clear goals and pursue them with determination, people rely on me. Also, my score in neuroticism is low. This indicates that I am calm, composed and unflappable. I do not react with intense emotions. Finally, this test states that I am not very open to experience, I instead think in plain and simple terms. I am down-to-earth, and practical. But let's look at it a little bit more extendedly:

I received an overall score of 77 in extraversion, which indicates that I am sociable, outgoing, energetic, and lively. And I prefer to be around people much of the time. I am not surprised at such a high score, as socializing is key for my way of enjoying life. I believe that the need to be around people comes from the way I was raised, in Spain. Over there, people's routines are scheduled around socializing, it is a need to have time to be around other people. The highest score I got in the section of extraversion was on assertiveness, receiving a score of 90. This states that I like to speak out, take charge, and direct others. On the other hand, I got a very low school grade (30). That means I don't have such an energetic, high spirit. I believe this defines me as a leader, someone that likes to be around people, but not so cheerful.

Another important trait at the time of considering someone's personality is agreeableness. This reflects individual differences in concern with cooperation and social harmony. My score was 46, which is average, indicating some concern with others' needs. But generally, unwillingness to sacrifice for others. This score is the one that perhaps upsets me the most. It bothers me that my modesty scores are low. I do like helping others, but at the same time I am a very secure person and I believe a lot in myself. However, I need to work on my cooperation with others and modesty, as I am not proud of such scores.

I received my highest score in conscientiousness, an 83 to be precise. This means I have clear goals and pursue them with determination. People regard me as reliable and hard-working. I hope this doesn't make me an arrogant person because by no means I try to be such. However, I do give myself a lot of pride for the effort I put into achieving my dreams. And I think this reflects it perfectly. At the moment, I have 4 jobs, and I am an international full-time master's student. I keep my feet in the ground but at the same time I also give praise to myself for how

hard I work everyday. I am very sure of what I want my life to look like, and I am making sure I put all my effort into making that come true.

The lowest score I had was on neuroticism, a score of 26, and I believe this is a good thing. Having a low score in neuroticism indicates that I am exceptionally calm, composed and unflappable. I do not react with intense emotions, even to situations that most people would describe as stressful. One thing that worries me is that I got a considerably high score in anger, which I think is true. I tend to get angry when things don't go my way. I don't usually act on it or scream, however I do feel a burning sensation inside me. I would love to know how to work on that.

Lastly, the last thing that the test evaluated was openness to experience. I scored considerably low on this. This indicates that I like to think in plain and simple terms. Others describe me as down-to-earth, and practical. I don't have a great imagination, and apparently, I don't have many artistic interests. This surprises me because although I don't know much about art, I do enjoy it. However, I have a score of 97 in Liberalism which apparently contradicts the other results. It looks like these few traits are usually matched with more of a conservative personality. That, however, is absolutely not true. Not only do I vote for liberal parties, but I am also not the biggest fan of police enforcement, military...

Overall, I think this test reflects very well who I am. I now am sure of traits of mine, but I am also aware of traits that I am not proud to have. And I want to start working on that.