

Joseph Kim
Professor Gail-Robert
SWK357
2/12/23

Journal #1

1. What has been the most difficult aspect of beginning an internship given your life experience or experience with previous internships? What strengths have you gained from your previous internship or life experiences that can help you meet the challenge?

The most difficult aspect of the beginning of my internship experience is my lateness. More like not making it in at the promised time I say I would. So far as of this date, I have been an intern for about a month now and just had the chat with one of the Volunteer Associates about my time show up and my integrity. It's been okay to stay for a little longer but last Saturday, showing up to my intern late had me needing to do extra hours to get the 5 hours I wanted today. However doing so, cost time needed with my Pastor and youth group Teacher (me being one myself) and showing up with the youth to do things out of the plan.

I learned, that even though it sucks to sleep early to wake up early for the internship in the mornings, I just have snap out of it.

2. As you read the description of the stages of an internship, did the stages remind you of any other experiences you have had? If so, in what ways? What strengths do you draw from the similarities? What challenges do expect to face knowing what you know?

To be honest, all of the stages can be applied to my experience. However, the stage that seemed a major highlight as it correlates with my time so far is the first stage; Anticipation. This stage is about what I would experience coming to the internship. Anxiety, fear, nervousness, loss, unsure, and even doubt of my own capability. Now of course all this broke off, but not just overnight. I go to my internship, which is a Community Health center for the homeless and migrants.

Whereas the social work intern has been shadowing my supervisor and this other social worker

who volunteered for years now. While only seeing them both once separately once a month, I try to get all that I can till I start doing what they do. (Or may never as I require at least a degree and license to start doing what they do.

But so far, I've been feeling more comfortable with my supervisor as I have more to grow in my time management.