

Chapter 2.1 Activity

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Interpersonal Communication Skills

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1. The majority is face-to-face because each day I have either work, classes, or church; however, I always have my phone on me and frequently communicate with people I am not around as often as those I see weekly through text or snapchat.
2. Synchronous communication where I can observe the other communicators body language and read them by their tone of voice is my preferred method of communication. I am also an efficient person so face-to-face meets my standards of efficiency the best but a video call or phone call would be my next choice.
3. With close friends and family, I will always choose face-to-face when available regardless of the topic, but particularly when there needs to be a serious discussion. With family who lives far, I prefer a video call or phone call since it is the closest to face-to-face communication for the same reasons. When it is communication with an authority figure, if there does not need to be a transactional conversation, I generally choose email but when it comes to problem solving situations, I prefer face-to-face or a phone call due to its level of fast efficiency. When it comes to communication with coworkers on my same authority level, I prefer text.

4. Being a fairly confrontational and direct person who generally strives for fast efficiency, I am very quick to choose face-to-face communication. Whenever a situation feels uncomfortable to me, my method of solution is to dive right in and solve it, which I always choose to do face-to-face because I feel like it is the quickest way to achieve a solution. I am aware that sometimes, this form of communication is not necessary or even the right choice. Sometimes it can come across as too aggressive, especially to people who do not share this communication preference. It also can lead to less processing before talking, and if the situation is very complicated or sensitive, having longer time to process and construct a response is necessary. I am working on observing the entirety of a situation to make an educated and well-judged choice before just jumping at the chance to use face-to-face communication each time.