

Dainty Broughton

The Practice of Generalist Social Work II

February 11, 2023

Journal Reflection #2

Discuss your level of participation in the 'engagement' session of the group experience.

1. Were you an active participant? Why or why not? What were your feelings during this session?

Yes, I was an active participant. During today's session I felt inspired by my group members. Just hearing their story and what obstacles they have overcome really inspired me. Each group member inspired to keep trusting God and pray and he will lead the way.

2. How would you describe the 'engagement' session of your group experience? Did the group leader(s) focus on the engagement stage? How effective were the activities in meeting the goal of engagement? What are the *strengths* of this leader? What are the *areas of growth* for this leader?

The group leader this week was Vanessa. I felt Vanessa was well prepared and showed great knowledge of what engagement is. I felt she focused on the engagement stage by the questions she asked. Although we were on zoom, she showed empathy, sympathy, she allowed each group member to speak, she was very attentive and she got to know each group. Vanessa did not appear to be distracted during the session. At the time of the session, I felt Vanessa achieved her goal.

Vanessa's strength is that she is very easy to talk to and she makes you feel comfortable speaking with her. The one area of growth I feel Vanessa can benefit from is to be a little more assertiveness. Vanessa had a knowledge of what she is doing; however, she can be timid at times and then the other group members would take charge and not give her a chance. However, overall, I felt Vanessa did really well as a leader once she got in the role.