

CASE CONSULTATION FORM

Supervision Case Consultation Form

- Name of the supervisee: Orshum Lumpkin Date: 2/7/2023
- Case Modality: Individual Adult Child/Adolescent Couple Family
- The number of sessions to date: 1st Who attends: Client Marie S

1. Characteristics of the Issues

a) Presenting problem: (who owns the problem, what and how the problem occurs, where, and why now?)

Client came in wanting to know how she can better parent her adult children. She also has angry issues.

b) Recent significant changes or stressors: (e.g. new job, divorce, death, etc.)

Son (Jamal) moved out 5 years ago but she feels like he takes advantage of her and she is ready to make a change in their relationship.

c) What contextual factors make the problem get worse, get better, or not happen at all? (cultural beliefs, school, church, peers, etc.)

Jamal asked her to proofread his paper for law school and she felt like he did not take his time with the paper and she had to make a lot of unnecessary corrections for him. She thought the paper was due the next day and it was actual due next week.

d) What has been done previously to resolve the problem? Results? (Satisfactory, partially satisfactory, or unsatisfactory)

The client has tried to communicate with her son but he is very secretive about everything.

2. Characteristics of the Family

a) What's the family context (two-parent family, single parent family, cohabiting couple, homosexual couple, etc.) __Single parent African American woman

b) Intergenerational patterns

c) Underlying systemic issues

d) Life cycle stage

_51 year old Middle age

e) Family Structure Hierarchy (who has power and in what context/relationship)

f) Coalitions

e) Styles of boundaries (enmeshed or disengaged and with whom?)

Client is enmeshed with her daughter 26. She is trying to get enmeshed with her son but he pushes her away.

3. Strengths of the client & Resources available for the client

She attends church regularly and she has 6 sisters. She is only close with 3 of them.

4. What has worked best far?

5. Treatment plan:

6. Current progress and focus of session: (*Be systemic)

7. Your goals for the supervision session: (Be specific)

8. What have you learned from the supervision and from your peers? (to be listed after supervision)

9. Treatment plan or interventions for next session (to be listed after supervisory consultation)

Space for Additional Information:
