

Case Conceptualization Worksheet

Students will complete the worksheet for case presentations & supervisory discussions. These student responses will specifically inform the supervisor for Questions #7 & #11 of the Dyadic Supervisors Evaluation.

CASE CONCEPTUALIZATION WORKSHEET

Grace

1) Which MFT Theories were employed in this case? Provide brief evidence.

1. Narrative theory was employed in this case.

Evidence: Therapist began the process of putting a new narrative together

2) How would you conceptualize the presenting problem/clinical issue in terms of an MFT theory? Client is being faced with negative stories about herself all primarily reflected by her family.

3) Based on that theoretical assessment, what is a coherent clinical goal for this client? To enable client to author her own positive story about self.

4) Based on that clinical goal, what other interventions (in office or as homework) would you suggest? The client could be requested to Write a list of positive achievements of herself

Lisa

1) Structural theory was employed in this case.

Evidence: Client appeared to be over-stepping sub system.

2) The client is presenting as non-binary and her family considers that she is upsetting the structure of the family.

3) A coherent clinical goal for this client is to make a positive stand to her family about her sexual persuasion. Her family are not too clear about what is happening.

4). The client could try to educate her parents on what is happening in the home and ultimately affecting her life..