

## Reflection # 4

### Infant Brain Development –“Serve & Return “

**A-Identify and describe each of the 5 steps of the “Serve and Return” interaction**

**B-Explain the significance of each step on brain development. C- What are some concerns for children who don’t have the opportunity to experience “serve and return” interaction? D- What are some possible ways a social-worker could intervene? E—What Policies could be implemented to help families with children at this stage? F— what further research could be done to increase knowledge in this area?**

#### **A---The Five steps of Serve and Return are**

1—**Share the Focus**; the significance of this step is that it allows the child know that the parent or care taker is a part of their interest, world and his/her engagement activity. The parent/care-taker does that by responding to what the child touches or verbally communicates.

2---**Support and Encouragement**; this step is significant because it teaches and confirm the behavior of the child. For example, if the youth did something the facial disposition and verbal responds such as thank you, yes, or a smile will encourage the child or support their effort.

3—**Name it**---this step is significant because it gives confidence to the child of his or her efforts at name items he or she touches.

4---Take turns back and Forth---this step is important because it builds/develops self-control and self -confidence in the child.

5-Practice endings and beginnings ---this step is important because it lets the child be aware that he or she is support in their world, and that the care taker/parent is sharing their focus.

B---Sharing The Focus significance on the brain-----Helps the child's brain to continue exploration as it continues to develop.

Support and Encouragement significance on the brain----Helps the child's brain to experience love, encouragement, reinforcement, etc.

Name it significance on the brain ----Helps the child's brain to receive acknowledgement, and confirmation of its action/signals.

Take Turns back and Forth on the brain---Helps the child's brain to build confidence, and set boundaries.

Practice Endings and Beginnings on the brain ----Helps the child's brain by allowing him/her to know that it is supported by the care-giver, parent, etc.

c-----Some concerns for children who don't have the opportunity to experience "serve and Return" interactions are: Lack of Love, under-development, lack of confidence, low self-esteem, and isolation.

D—Some possible ways a social-worker could intervene is by speaking to the parent or care-taker of the child about possible classes ( in person or virtual ) to inform the parent of what is serve and return, why it is essential in a child development, and how he or she as a parent can begin to practice this behavior consistently with their child.

E---Policies such as Mandatory Parental Classes in Pre-K, Middle School, etc. to teach parents and care-takers What is Serve and Return, Why they need to practice it and How they can begin to practice it.

F---I would find it interesting if the studies can be done illustrating whether Serve and Return to some extent can begin in the Womb of a Pregnant Mother.