

Christie

02/09/2023

NUR391C

Journal 3

During my third week in clinical, I was paired up with a classmate and was assigned to a neonate. I got started on doing my newborn assessment. His vitals were stable, and Temp was 98.2 F, pulse 125 BPM, RR 39. I assessed his head and neck. His shape was normocephalic and palpated his fontanelles which were flat anterior and posterior, sutured was open with a variation of caput succedaneum. His skin was smooth and pink, with no sign of jaundice, rashes, lesions, or birthmarks. He showed no signs of respiratory distress. His abdomen was normal, with his umbilical cord dry and unclamped. I proceeded to do a new Ballard score; his neuromuscular and physical maturity was normal. We also educated the mother to burp the baby in between feeding because the baby kept vomiting, which could be a risk for aspiration, especially if you are not putting the baby in a lateral position. My classmates and I watched the circumcision of a newborn, where the doctor surgically extended and removed the foreskin of the top layer of the penis. My greatest challenge was not properly listening to the baby's heart rate because of the speed and having two completely different HR levels from my partner and me. Still, I kept practicing with him until we got the same which was a heart rate of 125BPM. My greatest accomplishment was doing new Ballard scores, understanding each, and assessing my patient correctly. Psalms 127:3 "Children are a gift from the lord. They are a reward from him" The lord gives parents the priceless possession of healthy children, and we must consider them a blessing.