

Priscilla Wong

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Personal and Family Inventory

Here are the inventory of my family sin patterns.

Sins and Addictive Behavior

From my mother's side, I remember my grandma who passed away decades ago being grumpy, angry, bitter, and unforgiving. She had been a widow for many years, my grandpa died from opium overdose when my mom was only a teenager. My grandpa probably picked up the addiction when opium was very popular since it was introduced to Hong Kong China from the United Kingdom, when Hong Kong was colonized. I never met my grandpa. My mom who is still alive, is also grumpy. She complains about everything that does not go her way. She is also extremely short-tempered, impatient, and worrisome. I remember that she would get really angry, spank us, call us really bad names, and used curse words on us when we didn't obey her when me and my two other sisters were little.

For my dad, he had sexual relations with prostitutes and was somewhat addicted to pornography. I remember he took us out one night to check out an area in Hong Kong where there was palm reading, gambling, and street vendors. My dad told us to wait for him on a street corner while he checked out pornography with other men. I also remember once that my mom bickered with him when he got home really late one night,

I woke up from their bickering. I smelled women's perfume on my dad's jacket the next day. And I figured that he went to a prostitute and that was what they were bickering about. I was around 10 or 11-years-old then. A few years later, I overheard a phone conversation he had with my mom, my mom reminded him to wear a condom when he had sex with other women. My mom said she didn't want to get sexually transmitted diseases. My mom and my sisters immigrated to the US while my dad was working in Hong Kong when I was 16-years-old, so my dad was separated from us for about 10 years before he also came to the US. But since I was little, I felt distant from him because he was always not home. And I was afraid of him since I learned of his sexual relation with a prostitute. I was afraid that he would sexually assault me. But it actually never really happened. My dad was separated from his own family when he was very little, he followed other adults to make a living or just to have a shelter. He picked up addictions like gambling, sex with prostitutes, and smoking since then.

For me, I struggled with anger and lust as well. I would easily get impatient and angry when things don't go my way. I was known as the hot-tempered one among my siblings. I also suffered from lust, and watched pornography as well. I had sex with my husband before I married him.

Anxiety and Depression

My two sisters suffered from anxiety and depression. My older sister is in and out of depression with her situation about her husband. Even when she was a teenager, she would sleep a lot when she was depressed.

My younger sister just had an anxiety attack where she couldn't breathe. She and her husband both lost their jobs within the last four months. She is a very emotional person and got physically sick after her dog passed away. She would cry and cry and developed this stomach issue within a few months after the passing of her dog, her medical condition has no real cure, she could only rely on medications to control the symptoms.

For me, I used to get moody after the sun set in the winter months. And I would feel down or sad for no apparent reason, especially during late afternoon. I also get anxious at times when I am stressed.

Religious History

We used to worship our ancestors and I would burn incense to them and also an idol called "land" when I was little back in Hong Kong. My mom consulted with a psychic once as I remember. My younger sister had an idol god mother called "GuanYin", my mother believed that the idol could heal my sister from her severe asthma. I remember there would be weird things inside my little sister's body. Tiny black stones would come out of her arm. She also found that she had a Chinese coin from ancient time inside her stomach that needed to be flushed out after she got much older.

Division, fighting, bitterness, anger, resentment, grudge-holding, infidelity

I would say fighting is very prevalent within my family. We fought a lot when we were little, we would hurt each other by pinching and hitting. My mom would hit us whenever we didn't obey her. There was always a lot of fighting and anger at home growing up. Division is also a problem, my mom didn't get along well with my aunt, her older sister, because my aunt would gossip behind my mom's back in order to ally with my younger aunt, when we all first immigrated to the US and lived in my younger aunt's multi-family house. My older sister still holds a grudge against my younger aunt to this day. She couldn't forgive how she treated my mom.

My little sister would also complain a lot about others. When she was little, she would come home complaining about how others are not good and always plan to tell on her friends. Even today, she would have bitterness, thinking that she is a victim in life and how others don't treat her well.

I would get bitter and jealous when I was younger, I thought I was always misunderstood, and I could not maintain friendship with others. I was lonely, and I always compared myself with other girls and thought I was not good enough. Even after I married my husband, I would still compare myself with other women and thought I wasn't good enough and my husband would not love me for how I look and who I am. I think it had a lot to do with my feelings about my dad. My dad would look at other

women lustfully. He even told my younger sister who suffered from acne when she was a teenager to get plastic surgery to look better. It was hurtful to hear.

Lying and Secrecy

My dad would lie to my mom and denied his gambling, smoking habits, and his sexual relations with other women. I would also try to hide and lie about my wrongdoings when my mom scolded me, I was afraid of punishments and the hitting. My little sister would lie a lot when she was little, she would steal money from my mom and even steal from stores. And when she was caught, she would deny her wrongdoings.