

Journal 3

NUR 391

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For today's clinical, I am assigned to a newborn assessment. Since newborn assessment is the area that I struggle the most out of all the maternity clinical curriculum, I was excited for the opportunity to practice the assessment skill and be more comfortable at it. In the beginning, my partner and I went through the mother's chart to have a general idea and background of the baby's mother prior to the assessment. After professor's demonstration of some of the assessment, my partner and I completed thorough assessment of the newborn and it was my biggest accomplishment of the day. Prior to today, I reviewed the sequence of the assessment and I was able recall the information while I was actually doing it. Even though I had a hopeful expectation about today, I still found it challenging to be comfortable with handling the newborn. I must admit that it is not something that I can get comfortable within few assessments. I will need more experiences in order to be confident at it. During the down time, our clinical group shared each other's experience of the day and discussed some of the assessment techniques we've performed.

" Have I not commanded you? Be strong and courageous. Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go." (Joshua 1:9). I pray God for strength, wisdom, and comfort, to provide the best care for patients. I also pray for the well-being and nourishment of the newborn, and his family.