

JOURNAL WEEK 1

My first-day clinical experience at the Lenox Hill Hospital has given me another opportunity to be grateful to God for my decision of becoming a registered nurse. As I stepped into the reception, I was received with a warm welcome by one of the receptionists, and that helped me to be more relaxed as well as reduced the tension which almost everyone faces on their first day at work. My clinical supervisor further created an enabling environment for us by taking us around the wards and introducing us to the right authority which gave us an understanding of what to do.

The doctors and nurses welcome us with good hearts, and they were more than willing to assist us in our tracks. When I reflect on what I read in the textbook about teamwork, I see that these groups are coordinated and work together in discharging their duties. They meet almost every hour to discuss their patient's responses to their services. I see that the importance of these meetings is to push every healthcare personnel to be more responsive to their duties.

My supervisor is really a teacher and a coordinator. I made a lot of errors when I was assessing my patient, and she corrected me on the better ways of discharging my duty. With such corrections, I know I will do better whenever such tasks come my way again. She answered all our questions which helped us to complete our first-day assignment much easier.

The patient I was assigned to is friendly, and during my data collection, he flowed freely in giving all the information needed to accomplish my task. He and other patients in the units are willing to do everything expected of them to get healing.

The only thing I wasn't comfortable with there is "space." I don't think they have enough space there for my group. This actually disrupted our meeting, where we were looking for a little space to discuss better ways of carrying out our duties.

In conclusion, I learned better ways as a nurse to handle situations from what I saw this one day in this hospital. Managerial qualities are not to be based on physical status but should be based on what one can offer which I see in these people including my supervisor.