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Clinical Social Work Practice with Groups

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Reflecting on what I have learned about social work practice and groups these first couple of weeks have been interesting in the sense that is quite different from working with individuals and families. I was interested to know the history behind social work group development and how this development is connected to social change. In fact, I've been a strong believer that team work is essential and more effective when it comes to problem solving and that as the scripture says "For where two or three gathered in my name, there am I with them", solidifies the importance of working together, building alliance and having better outcomes when the work is shared among more than one individual and where ideas are maximized.

Also, I have learned the primary types of groups in social work which I didn't know before. It is important to know that the main goal of each type of group provides an opportunity for a face to face interaction which I like because they provide positive independence as they (everyone involved) strive to achieve mutual goals.

Because I have worked in the medical field for a long time, I've been part of process groups as a Case Manager so I am interested in learning new concepts and having the opportunity to work in new group settings will allow me to feel more comfortable and skilled to run my own groups in the future because I need to learn more about groups to become more competent in working in group settings.

