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Psychology of Personality

Unit 2

### Adler Essay Questions

1. Social interest is striving to have a form of community, thought of as being an everlasting goal of perfection. Treating others with respect and consideration can also be a benefit in social interest. It is related to psychologically healthy development because it strives to gain a constructive lifestyle and for superiority to have completion in life.

2. The four major lifestyles are the ruling type, the getting type, the avoiding type, and the socially useful type. The ruling type normally has a lack of social interest and courage. They try to reduce the feelings of anxiety by adapting antisocial characteristics. They also like to feel in control, want things done in their way and time, and they tend to threaten others to follow. The getting type tends to rely on others to care for them, has to do very little for themselves growing up, lacks confidence, and uses their charm to get what they want. The avoiding type lacks confidence to solve problems, self absorbed, and they have fantasies that they are superior. Lastly, the socially useful type have the courage to solve their own issues, cooperate with others, and their goal is to make a lot of money.

3. The person's order of birth typically does have an impact on their development because first borns tend to try to regain their position back and show off their achievements. They also want to

be found to be more aggressive and dominant. The second child tends to have an impact on the first born causing them to strive to do better. The children who are born later on interact with their other siblings normally, and hear a less diverse and more limited language.