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Psychology of Personality

Unit 2

### Jung Essay Questions

3. The Anima is the feminine archetype in man, and animus is the masculine archetype in woman. Both anima and animus are similar because they are feelings that are experienced by both men and women. The nature of the relationship between the anima and animus and our cultural sex-role stereotypes are that the anima consists of traits such as sensitivity, moodiness, irrationality, and emotionality. While the masculine traits have reason, logic, forceful argument, and social insensitivity.

4. The individuation process is the process when a person becomes definite and unique. Doing these things will allow the person to not become selfish. Then the final goal is striving and gaining self-realization. Although self realization is a hard path to gain, especially in those who are younger because it takes time and experience to resolve conflicts.

5. Jung's theory of psychological types is an attempt to evolve and adopt different points of view on life. People would begin to make sense of their experiences. The basic attitudes that Jung believes people would adapt to extraversion, introversion, dominant characteristics, and inferior characteristics.