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Personality of Psych

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1. The way I explain the conscious mind is as though it involves thoughts that one is aware of at any given moment. Secondly mentioned was the preconscious mind which involves things that can be brought into consciousness at any time based on different scenarios and moments that may occur. Lastly is the unconscious mind this includes the thoughts and feelings that may exist outside of one's conscious awareness. Freud believed that the unconscious mind could still influence our behavior. An example I found that helps me understand the differences is as follows imagine an iceberg the top of it that you can see above the water represents the conscious mind. The part of the iceberg that is submerged below the water, but remains visible, alludes to the preconscious. To sum up, the bulk of the iceberg that lies unseen beneath the waterline represents the unconscious.
2. According to Freud's psychoanalytic theory, the id is the basic and instinctual part of the mind that contains sexual desire, aggressive drives and also hidden memories. Then there is ego that is the realistic part that mediates between the desires of the id and the super-ego. Finally we have the super-ego which operates as a moral conscience, between the three. Simply put the id provides the drives for behavior, the superego strives for moral perfection, and the ego works to strike a balance between those two needs and the demands of reality.

3. The five psychosexual stages are the oral last from birth to around 18 months states the mouth as the focus of pleasure and indulging to much can be detrimental to the health and growing of the child's personality. The anal stage lasts from around one and half to two and a half years old. If parents are too lenient, the adult will form an anal expulsive character, which is messy, reckless and disorganized. The phallic, last for about three to five years and deals with the character within that the child may possess making them overly self-assured, reckless, vain and proud. They also might also be incapable of loving anyone other than themselves. The Latency Period has no sexual drive in this period according to Freud most sexual impulses are repressed. . It is described as for the ages from 6 to Puberty. Freud explained it as a resting period where sexual energy was channeled into industrious, asexual activities like learning, hobbies, and social relationships. In conclusion the genital stage is the fifth stage and starts with puberty, creating the formation of heterosexual friendships and relationships.