

**Nickisha Charles**

**Field Instruction**

**Reflection 1**

My internship last semester was good. I had the opportunity to work on a macro level. At first, I was not pleased with the placement because I wanted to learn and grow on a clinical track. However, it was an excellent opportunity to experience social work practice on a leadership/executive level.

It was great working with my field instructor. She allowed me to express myself, attend all meetings and make me feel a part of the team. In addition, my field instructor pushed me to speak up and advocate for changes. It felt good to have a voice, advocate for my fellow workers and advocate for change with policy and practice.

I want to do more training and group sessions. Group sessions are crucial in the social work field. I have the opportunity to work with undocumented youths in foster care and ensure that all undocumented youths in care have access to services that are mandated by law.

I felt a level of empowerment and am excited about this semester. My field instructor allows me to lead some meetings to build my public speaking abilities.