

Assignment Title: Reading Report

Spiritual Journey: Can I Really Get Close to God? By Dr. Wanda Walborn

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Professor: Dr. Ronald Walborn  
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### Summary

In her book Dr. Walborn (2020), explains and lists the obstacles that one often faces that hinder us in hearing from God and remaining consistent in our spiritual journey, seeking Him and His presence. The obstacles she lists are: Refusing God's Love; Fear of Rejection; Shame; Anger; Lies; Fear; Outward and Inward Noise and temptation. She also lays out the various spiritual disciplines one ought to practice to overcome each of these obstacles, which are: Prayer of intention; reading the bible; asking for help; prayer for forgiveness; meditation; journaling; Keep coming; and Other May, you may not. Throughout each chapter of her book, Dr. Walborn (2020), provides prompts, called mirror moments, inviting the reader to reflect on the obstacles one may be facing in the spiritual journey and encouraging to press in.

### Interaction and Critique

I read this book around two years ago for an assignment for the Empower Program, and to be able to read my past assignment and see the growth, and the work of the Lord in me is a blessing. When I first read it, I was struggling to "name my brokenness" as Dr. Walborn (2020) mentions in her book and truly felt that I was drowning in anger, fear and lies. Throughout the last year, the Lord has continued to peel off layers and reveal to me deeper parts of my heart and soul that need His and I's attention; mostly that I need to surrender to Him. While reading the book this time around, the Lord showed me how shame has been taking root in my heart throughout the years; and where parts of my testimony still hold me hostage. The importance of consistently pressing into the Lord; keep coming to Him; regardless of how shame may be telling me I am not worth it of His presence. Because He says I am.

With integrity, I have read this book (circle one): Thoroughly BUT Not Entirely 75 %

Signed: Stephany Ortiz Aquino

Bibliography

Walborm, W. (2020). *Spiritual Journey: Can I Really Get Close to God?* Carpenter's Son Publishing.