

February 7, 2023

Social Work 556/456

Generalist Practice#2

Journal #1

Discuss your level of participation in the pre-group planning session.

1. Were you an active participant? Why or why not? What were your feelings during the pre-group planning exercises? **I believe I was an active participant in the group. I scheduled the zoom meeting for the group to meet. I also assisted with the group participants scheduling the leader of the group per week.**
2. Did anyone in your group seem to emerge as the leader of the session? Please describe this process. **I believe everyone in the group demonstrated some leadership skills. Everyone in the group assisted with directing the group and keeping the group focused.**
3. What are your thoughts about your ability and comfort level with leading this group during your assigned week? What strengths will you bring as a leader? What challenges do you think you will experience in your role as leader? **I am confident in my abilities to be a leader in the group. I am a great listener. I will be able to engage each member so we can get feedback from all group members. One challenge will be to schedule enough meeting time to complete the assignment.**