

The Popularity of Adventure Activities

Jing Liu

EMMANUEL JEANPIERRE

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Nowadays, there are more and more adventure activities, like bungee jumping and rock climbing, which enjoy great popularity, especially among the youth. Some people think these activities are of high risk and should be constrained or even be forbidden, while others insist these activities bring people fresh experience and should be encouraged. As for me, I agree with the latter opinion.

The following reasons can support my view. Firstly, attending adventure activities is a fashionable and efficient means to temper people's courage and willpower, which is scarcely seen among modern young people. Secondly, people in modern society are facing great pressure. Taking adventure activities has been proved to be a very effective channel to alleviate the pressure of work and life. Finally, from the economic point of view, it's a new economic growth point which will surely attract a lot of people to take part in.

From the foregoing, we can safely draw a conclusion that adventure activities bring us many rewarding enjoyments and we should try to ensure its sound development. But it is worth noting that adventure activities are not suitable for everyone. These activities require good health. Therefore, people should take full account before taking any adventure activity.