

Brittany Tomala
NUR392- Clinical
Nursing of Children and Adolescents Clinical

Journal 2

- a. A short summary of your clinical experiences that week (20 points)

A short summary of this week's clinical experience was being able to recall my memory from last week in regards to the vital machines, and how to operate around how the hospital protocols. I was able to introduce myself to my nurse and patient. I was able to familiarize myself with his condition prior to introducing myself, with background information that I got from my nurse and the patients chart.

- b. A discussion about the greatest challenge you experienced during the clinical day (15 points)

The greatest challenge experienced in clinicals my first week was being able to attend to emotionally difficult patient considering his medical history and sustained injury. That being said, I was able to provide the best care possible for him and even bonded over video games and listening to his concerns and just hearing him talk. I was able to perform a straight cath, in which the greatest challenge was being able to get the gloves on and remembering to get all my equipment set before anything else.

- c. Self-reflection on areas of personal, spiritual, and professional growth for the week (15 points)

Spiritual and professional growth for this week was I was able to perform a straight cath despite the minor difficulties. As well as perform bed bath, "diaper changing" or underwear changing my patient referred to it as, trachea suctioning, trachea changing, and GI medication, oral medication, and GU bag changing.

- d. Your greatest accomplishment of the week. (10 points)

My self-reflection areas of personal growth was being able to approach my patient in confidence despite what he had to say because he had emotional challenges. In which, he would say things he would not mean because he had to do something he did not want to, like go to school. Therefore, whenever he was being difficult I was able to not take it personally and still provide the best care possible for my patient.

- e. A self-evaluation of the technical skills performed that week (10 points)

My self-evaluation of technical skills was being able to recall my memory of how to work and navigate the system for patients charts. As well as being confident enough and my nurse willingly allowing me to see the chart and showing me shortcuts on how to navigate the system. As well as educating myself on the medications prior to administering

with using the system to access what the medication is specifically for that patient and the use.

- f. Self-evaluation of interpersonal communication skills with clients, family members, staff, faculty and other students. (10 points)

Professional growth and interpersonal communication skills with clients, family members, staff, faculty and other students as well as identified areas were effective and engaging. Being able to communicate throughout the hospital was very engaging, in which my nurse was very helpful and allowing me to see various types of procedures on her assigned patients.

- g. Areas identified for improvement in subsequent clinical experiences. (10 points)

Area identified for improvement in subsequent clinical experiences was not being able to initially perform a straight cath procedure as I would like to, but definitely will next opportunity considering I know what is expected. As well as having the equipment needed for the procedure readily, so the patient is not waiting for a period amount of time than needed.

- h. At least one scripture reference used as meditation that assisted you with meeting clinical goals this week. Reflect on the application of the scripture reference to your clinical experience.

Bible Verse:

Romans 15:1: We who are strong have an obligation to bear with the failings of the weak, and not to please ourselves.

This verse resonates with me during clinicals in reminding me to provide care for my patients for not myself, but for them. In it reminds me why I started pursuing nursing in the first place, is to provide care and give back to those in need of help. Especially those in the hospital, I always found to have a good experience and wanted to provide those with the care I was provided that inspired me to pursue the career.