

## **Psychotherapy**

Dr. Maret

### **Essay 4 Unite 2**

Esther Oliveira

#### **# 6**

I truly believe God has a call for us to be fulfilled during our lifetime. Indeed, He works in mysterious ways to fully accomplished it. Looking back on all these thirty-eight years of marriage and ministry, I can see His hands preparing the ways and guiding me the way I should go. I learned much with my two sons and inside the church, counseling and helping people in many challenging situations.

Moreover, the classes and the training I will receive from MFT will help me to counsel more professionally. My strengths, values, and beliefs are in the world of God. The Bible is a code of ethics that should apply to our lives, families, and society. I will establish my therapeutic approach and view as a Christian counselor.

Additionally, I truly believe God created males and females. The primary reason for woman's creation was not to produce children or provide sexual satisfaction or keep the home but for the mutual happiness of man and woman. Like the Father of the bride, God Himself brought Eve to Adam. There is not only equality but diversity between men and women. Eve was as different from Adam as Adam was other than Eve. But the differences were complementary. Because of the emotional and physical differences, Eve would supply what Adam lacked, and Adam would provide what Eve lacked. Eve would complete Adam as a "helper suitable for him" (Gen. 2:18).

When couples understand that The Creator created them to live in harmony with Him and with each other, they will have a strong family despite their differences.

As a family counselor, I will bring God as the center of my counseling treatments. I will stable and encourage my clients to have an opening, confidante, and trusted relationship that has been the way I have established my ministry all these years. I will enable my clients to trust God and recognize that even in impossible situations, God has promised He will help us get through.