

FIELD EDUCATION

The Log



Week # 3

Hours This Week: 8 Total Hours: 8 / 120

| HOURS SPENT / TASKS & ACTIVITIES | REFLECTIONS JOURNALING THOUGHTS PROCESSING |
|---|--|
| <p>4 hours spent visiting patients, talking with them. Today I was given the opportunity to speak to the patients after shadowing the chaplain for two weeks. I also prayed with them.</p> <p>2 hours spent with mentor and chaplain working on the contract and planning out what I will be doing for the time of my internship.</p> <p>2 hours spent on learning how to chart in the computer a report on each patient that we visited.</p> | <p>My experience today was a little different. I really began to understand the importance of having the chaplains visit the patients. Some of the patients we visited today have no family. No one comes to visit them. This made me feel very sad. I thought about my family and how grateful I am for having them in my life. We visited a man who had one leg and he had surgery on the other foot. I was surprised at how high his spirit was. He said I thank God every day I open my eyes. He told us that every day is another opportunity to do something that he has not done before. As I stood there watching this man, I began to think about those of us who have our two legs and we can walk, we still find something to complain about. I reflected on how much some people suffer and what sickness can do to your body. Visiting these patients prompted me to remember to thank God everyday for my blessing. My passion is helping people, so I felt very good when we left the patients room and they were smiling. Visiting the patients and talking with them really brings me joy.</p> <p>Today was also a teaching for me on how to pray for people who maybe non-believers. After praying for a patient, the chaplain who is also a rabi told me I have to tailor my prayer to each person. At first, I thought he did not want me to say in the name of Jesus, but as I thought about it a little longer, I realized that not everyone who give us permission to prayer for them believes in Jesus. I understood that there was an overall belief in God or some higher power. I never end my prayer without thanking Jesus, I learnt something new that I have to put into practice.</p> <p>Overall, today I felt more confident that this is what I want to do. I want to become a chaplain.</p> |

FIELD EDUCATION
The Log



MEETING(S) WITH MENTOR(S) || TOPICS OF DISCUSSION || REFLECTIONS

Met with mentor today, we discuss about the zoom meeting on Saturday. We went over my syllabus together and we spoke about how she can assist me in getting my assignment done on time. She was very concerned about my time management, since I work full time and I was doing this on my day off. We also discuss plans to send me out on my own to visit the patients. I reflected on how God had a strategic plan for my life and I am very happy that Helen is my mentor, she is on top of things and I feel that she will be able to push me to achieve my goal.