

FIELD EDUCATION
The Log



Week #2 Hours This Week: 8 Total Hours: 8 / 120

HOURS SPENT / TASKS & ACTIVITIES	REFLECTIONS JOURNALING THOUGHTS PROCESSING
<p>4 hours spent on visiting patients on the floors. Talking with the patients and listening as they talk about how they feel and where they are spiritually. At the end praying for the patients.</p> <p>1 hour spent typing and printing list of patients on the floors who needed visitation.</p> <p>3 hours spent in a doctors training session. I Listen to a video on how to deliver bad news to a patient. I Observe the doctors as they each take turns talking to a dummy patient about his failing health. I observe Chaplain practicing how to communicate with the patient after he/she receives bad news.</p>	<p>Today is my second day observing how the chaplains go to the floors and interact with the sick patients. As I walked with them, I begin to reflect on the fact that there are so many sick people in the hospital. My heart felt a little sorrowful at times when I saw how much pain they were experiencing. When we listen to their stories I felt empathy for them and wish that there was some way that I can help them. I realize that when I thought that I had problems, there were people out there with greater problems. When one of the patients express that she was fearful that when she leaves the hospital that she had no where to live. I started to reflect on how blessed I am to have a place that I called my home. After we came out of the patient’s room, I keep thinking about the important role the chaplain played in improving patient care. I saw the need for having chaplains as part of the hospital staff. I reflected on the talks we had with the family members and how much we were able to comfort them.</p> <p>I was shocked when I was told by the chaplain that I was paired with, that we were going to a doctors’ practice session. I said to myself, why do we have to be part of this session. I was very surprise that the doctors had a workshop to trained them how to interact with patients, especially when they are giving them bad news. As I sat there looking at them I was able to observe how much pressure is place on the doctor when they have to talk to the patient about their illness. I saw how much emotions they had when they talk to the patient. I observe the level of care that is taken to ensure that the patient is not overwhelm when they receive the bad news. I felt very happy to be part of this session. The thoughts that were racing through my mind was, I have worked in this hospital for so many years but there is so much that I do not know about caring for the patients. This was a learning experience for me. I also did not realize that the chaplain could be part of the team that goes in with the doctors to deliver bad news to the patients. I felt good knowing that the hospital recognize how important spiritual care is to the patients’ recovery in the hospital.</p>

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MEETING(S) WITH MENTOR(S) || TOPICS OF DISCUSSION || REFLECTIONS

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