

## Instructions

Respond to the questions below based on your review of the video: Five Steps for Brain-Building from the Center on the Developing Child at Harvard University.

1-Identify and describe each of the 5 steps of the "serve and return" interaction.

**1-Share the Focus 2-Support and encourage 3-Name it 4-Take turns back and forth 5-Practice endings and beginnings**

2-Explain the significance of each step on brain development.

**1-Share the Focus** help a child express themselves and interest by gestures **2-Support and encourage** words of encouragement help to direct a child motion in behavior and ways to engage in play **3-Name it** helps with the use of words or language. **4-Take turns back and forth** a child can learn self-control. This helps a child develop ideas and thoughts. **5-Practice endings and beginnings** this helps with learning to focus and sharing.

3-What are some concerns for children who don't have the opportunity to experience "serve and return" interactions.

some concerns for children who don't have the opportunity to experience the serve and return interaction is that they won't have self-control, know how to socialize, and get along with others, formulate ideas or have self-confidence, and will be unable to express themselves in different environments.

4-What are some possible ways a social worker could intervene?

The social worker could intervene by helping the parents understand the different stages and how it helps with their child brain development. Children are like clay and the parents are the Potter.

5-What policies could be implemented to help families with children at this stage?

A policy that could be implemented to help families with children at this stage is to emphasize the interaction with parent versus child is essential to brain development. Helping a child to focus, giving words of encouragement, talking to a child in language that they will understand as a way of learning, taking time to listen to the child as a parent in conversation to display that interaction, an

understanding when a child's interests has changed can be good parenting skills for child development.

6-What further research could be done to increase knowledge in this area?

Observing children in different environment school, home, doctors' office and the park to see how these steps may differ based on location. How does these behaviors change in the morning vs the night. The different type of engagement parent vs a teacher, a pet vs toys could see how imagination vs reality may affect the interaction.