

Alliance University
Cheryl Phenicie School of Nursing
NURSING CARE PLAN

Student's Name: Christie Benoit

Nursing Diagnosis: Acute Pain related to impaired circulation of lower extremities as evidenced by patient states pain level 7 out of 10, restlessness and reports of tenderness on affected limb

P- ACUTE PAIN

E- Related impaired to circulation of lower extremities

S- As evidence by patient states pain level 7 out of 10, Restlessness and reports of tenderness on affected limb

Patient's Initials:

Date

Admitting Diagnosis:

Expected Outcomes	Nursing Interventions	Rationales	Evaluations
Patient will state a pain level of 3 out of 10 in 1 hour after medication administration	1. elevate affected extremity with pillows 2. Administer Acetaminophen as ordered 3. Reassess pain level after 1 hr. 4. Notify HCP FOR DOPPLER ULTRASOUND 5. Administer analgesic as ordered 6. Assess the affected the limb for pitting edema	1. to encourage venous return, circulation and to reduce edema. 2. Reduces fever and inflammation 3. monitor patients pain level 4. To detect the movement of blood in the vessels of the affected limb. 5. Relieves pain 6. measures the indentation of the fluid accumulated in the affected limb.	Goal met, Patient stated a pain level of 2 out of 10 and appeared calm and relaxed within 1 hour of medication administration.

Reference

Students must use black ink.

Reference Citation- subtract 10 points if students do not include reference citation and

subtract appropriate points if not cited correctly

subtract 1 point for each spelling and grammatical error.