

Journal 2

NUR 391

Minho Kim

For the second week of maternity clinical, I am assigned for postpartum assessment. Prior to the day, I reviewed the sequence of postpartum assessment as well as the significance of objective data that patient may present during the assessment. This review was helpful while watching Dr. Thomas was demonstrating the assessment. My biggest accomplishment was obtaining thorough data from the computer. Since I had opportunity to be familiarized with the system previously, I was able to locate all the essential information required for the postpartum assessment. My biggest challenge was completing shift assessment prior to postpartum assessment. Even though I have done it many times thorough previous clinical experience, there are few assessments that I missed such as Homan signs and pedal pulse. With more practices, I hope that I will be able to complete the assessment more thoroughly and efficiently. During the down time, I was able to speak to classmates and discussed about requirements of care plan and other assignments. It was a great opportunity to get to know the classmates. Having a great team is an important foundation of patient care in nursing.

“Before I formed you in the womb, I knew you. Before you were born, I set you apart.”
(Jeremiah 1:5) I am truly thankful to the patient who granted me the opportunity for the postpartum assessment. I pray for healthy well-being of the baby and her mother.

