

There are various ways that a Christ follower should make a difference when coming to terms with psychology. One of the answers that was given was from the textbook was integration. There shouldn't be a split when it comes to Christianity and psychology. It means how we live our lives should reflect Christ. There is a deeper level of understanding what Christianity has to say other from what psychology says. What Christianity does is that it gives a different lens on the situation. Involving Christianity in this case, makes us follow our purpose on earth. We have the privilege to serve those around us like Christ told us to. This I do believe to be true in every aspect. Our lives as Christians should bleed through psychology. I like the way it speaks about how Christianity might look at the world differently than it does with just psychology. Even when it comes to serving others. A Christian might recognize a sin and guide that person when psychology couldn't do it.

When reading that statement, I am taken aback from it. It doesn't make me angry, but I feel like more on the side of confused and disappointed. In part I do believe it is wrong, but another part of me believes that it holds truth. The reason I find it wrong is because psychology has a deeper meaning behind it. It gives an outlet to those around others, and it provides help to those who need it. On the other hand, it has some truth behind it. The only reason why I say this is because we are sinners, there is no way around it. Yet, we are still called to help one another in moments of trouble. I believe that it doesn't take away the validity of psychology because it's an opinion that the pastor states and not a fact. Psychology doesn't do harm to others if it is being used for the right reasons. It sort of does put constraints on psychology by stating that it doesn't work and gives no effect to a person. The way to take such a critique is to fully understand that psychology is meant to help those who are having trouble in their own lives.

Integration is seen as combining or even mixing things together. As we saw earlier in the chapter it mentioned mixing psychology and Christianity. It also means we get to experience something that God has created even if it looks separated. It makes us believe that this is unity. How it can bring many elements together to create such a thing. Enhancing integration's ability allows many opportunities for what it is meant to do.

I believe that it is still is a useful term even if it means that it comes with various questions to it. There should be a difference and how Christian psychology can provide to people. When I use the term Christian psychology, it is psychology that has Christian values. I am aware that there are different denominations and how it can affect the values of bringing it into psychology. This does mean it is separated from what psychology is but integrating Christian beliefs. The way that other people might perceive this is by adding to the effect that it's different to what psychology is. As the text mentioned many people were putting Christian psychology in a whole different field. I think what people might do is try to tear away the psychology part of what Christian psychology is and they will look at it only through the lens of just Christianity. How psychology shouldn't be mixed with is Christian beliefs.