

History of Psychology

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Essay 1.

Psychology traces its roots back to Greek philosophers' that had origins in many disciplines, and many countries and customs that were evolved from philosophy, science, medicine and theology. Psychology evolved as the human sciences sorted themselves out in the nineteenth and twentieth centuries. Psychology gradually grew, extending its latitude to include everything about human beings as individuals, and the emotions they bear with it. The studies over time geared towards understanding individual behavior and individual differences to the study of consciousness. While early philosophers relied on methods such as observation and logic, today's psychologists utilize scientific methodologies to study and draw conclusions and patterns estimated about human thought and behavior. Psychology eventually emerged as a scientific discipline, whereas philosophy initially brought various topics of study to the field of psychology. Therefore feelings pertaining to sensation, perception, intelligence, and memory became of immense value. Fundamentally, psychology helps people explain why they act the way they do. A psychologist goal is too essentially help people improve their decision making, aid in solving stress management, and last but not least behavior based on understanding past behavior in order to better predict future behavior. Psychology is innately about decreasing human suffering, by helping people predominantly through trying to understand why people think, feel and act the way they do.