

Psych 444
Week 1

Question 4

1. 1
2. 3
3. 1
4. 1
5. 1
6. 2
7. 2
8. 2
9. 3
- 10.4
- 11.4
- 12.2
- 13.3
- 14.1
- 15.1
- 16.2
- 17.3
- 18.2
- 19.4
- 20.1

While reading the questions, I was reminded of why I decided to go into this line of work in the first place. I love serving people and I often think about wanting to have all of the resources, all of the things they need in order to succeed. I know that this can be an unrealistic and not achievable with every client because all clients are different. I know that I will also have to learn to not take things personal, and that failure is part of the growing process. I also have to believe in myself and trust that I will continue to give it my best in each opportunity I am given with a client, and that this will not come easy but it is possible. As a therapist, I never want to push anything on a client I may feel is correct just because I may know it is best for me. I also want to learn to find a balance between work and my personal life. As I continue to learn things about myself while becoming a therapist, I have to learn and understand that sometimes it is necessary

to make changes, and apply them to my work. I never want to give up on anything, especially my work and the momentum I gain with each client and with myself in the process.