

MELISSA BURTMILLER| REFLECTION

Write a one-page reflection on a multidimensional framework for assessing Human behavior and why this is important.

A multidimensional framework for assessing human behavior is the biophysical dimension that consist of the biochemical system, cell systems, organs system, etc. This dimension according to (Ashford et al., 2018), is arranged hierarchically and helps assess an individual growth and development. The biophysical dimension also depends on biological theory such as; evolution and natural selection, and psychological mechanism, such as; emotions, that influence human behavior. In a nutshell, the biophysical dimension takes an internal approach of assessing human behavior, focusing on the biological aspects and processes of an individual. The biophysical dimension also assesses how the biological processes informs or influence human behavior and development in the external: the environment.

I believe the biophysical dimension is important. One, it helps us to look at the individual as a physical organism, or as a biological entity (Ashford et al., 2018). Two, an individual is limited by their biological heritage and their health status (Ashford et al., 2018), and as a social worker, I need to understand these possible limitations and the impact it has on human behavior, and in assessing human behavior concerns. Three, understanding the individual's biophysical make up, also allow the social worker or anyone the individual might encounter to become aware of the potential hazards and risks that the individual is prone to. Knowing this will give the social worker the ability to implement or become cognizant of the protective factors that needs to be in place to accommodate the individual.

Reference: Ashford José B., LeCroy, C. W., & Williams, L. (2018). *Human behavior in the social environment: A multidimensional perspective*. Cengage Learning.