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Reflection Paper

The things that are present to me in this article are numerous, but I will make mention of a few that is at the very top of the list. It has been a long time, some people think that they alone have the right of passage to God and they determine who should go to him and how to do it. The explanation of Spiritual Formation in this article, shows that it is an individual relationship with God. It speaks of people who “help a person understand and to live out one unique relationship with God” (pp. 290, Para. 2, Col 1). “Unique relationship” in the quote shows that, it is an individual thing The scripture in (John 1: 12 KJV) states, “But as many as received Him, to them gave he power to become the sons of God, even to them that believe on His name”.

Another thing that jumps out, is the fact that some people believes that if they do more work in the church, somehow they are God’s favorite and they can do anything and treat others as if they are stepchildren. They even act as if they got the gift by their own effort and does not even need God assistant or direction anymore. They start to behave like little gods. I learn that God is the head of all things, and in our quest to achieve, we should do so within the guideline of God’s word. In the lesson I learn that Adam’s desire to become God, alienated him from the one who is depended on, The One true and living God. There is nothing wrong with wanting to achieve, but it must not be done out of the will of God. The readings remind us that “Spiritual direction is not a speculative venture, but an experiential process focused on one’s lived relationship with God” (pp. 291, Para. 1, Col. 1)

I learn that spirituality is having a relationship with God and seeking to be close to Him. The article highlights the fact that worship begins at home. It is not only that it started with the Apostle of

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the Bible, with them having no other place to worship at the time, but that today even though we go to a building to have corporate worship, we should make sure that we do it each day in our individual homes. It is very important that we start with God each morning and end with him each night before bed. Our habit of worship should not just be when we have planned meetings but should be done each day in our personal lives.

Having know these thing and sometimes slacken off, I will approach the discipline going forward by doing a self-search, a self-assessment, sharpen up my awareness on where I am found wanting, by confessing my shortcomings to God and turn from my slothful ways. I do not want to be one of the foolish virgins, with no oil in my lamp.