

**Journal #1**

Reflect on your experience from last semester. What did you do well? What would you like to learn more of? What do you plan to do differently this semester? Use this journal to tell me about your last semester and to discuss what you want to accomplish in the field during the spring of 2023.

I was meeting with various clients to build my experiences in the social work field. I have heard many types of situations and faced many types of cases by in-person interview and telephone interview. I am expecting to learn more about Medicare and Medicaid programs and policies. I will meet clients with more professionalism and a sense of empathy and sympathy to show I am caring about their matters and willing to solve the issues. It was difficult for me to talk with clients because I wasn't sure how to deal with older Korean adults because I didn't want to seem disrespectful and careless. I would like to focus on fundamental problems and solutions that Korean older adults are facing right now, such as depression, isolation, and family neglect. Also, I like to learn how to cooperate with co-workers and clients efficiently. Lastly, I am planning to visit OAC(Older Adults Center) located in Corona, Queens and Manhattans to learn how other KCS OACs are helping Korean American seniors.