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Professor Roberts

SWK357

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Reflection Journal #2

1. As you read the description of the stages of an internship, did the stages remind of you of any other experiences you have had? If so, in what ways? What strengths do you draw from the similarities? What challenges do expect to face knowing what you know?

The first stage titled “anticipation” reminds me of the time I was a bit anxious when starting my internship experience for the very first time when I enrolled in this Social Work Field Experience course. Anxiety accompanied by optimism that this experience will help equip me with positive attributes such as humility, patience, sympathy and others that will prove to be useful when entering the field of social work. Another stage titled “exploration” discusses building on progress and finding new opportunities. This reminds me of my determination to discover new paths in my life that will serve to be beneficial for my path in social work and establishing new connections within my organization that I am interning for. Some challenges I expect to face include time managing all of my current responsibilities in order to accomplish everything in a timely manner without losing a step and feeling overwhelmed. Another challenge is building other relationships with others that I hope to be meaningful and will last for a long period of time.