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Social Work 557/457: Field Instruction and Seminar  
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Journal #1

Reflect on your experience from last semester. What did you do well? What would you like to learn more of? What do you plan to do differently this semester? Use this journal to tell me about your last semester and to discuss what you want to accomplish in the field during the spring of 2023.

Thinking back to last semester, one of the things I did well was not to give up. I faced a few obstacles when my Field supervisor resigned during the middle of the semester. My director assigned me a new Field Supervisor and Task Supervisor. Although I have established relationships with both supervisors, the capacity was different. I was also nervous about receiving my caseload last semester. Another thing I did well last semester was communicating with my professor and supervisors.

I would like to obtain more knowledge about the different housing subsidies. I learned about a few but there are more I would like to learn more of. I would also like to learn more about the Urban Justice centers. Most of the clients I served in this internship were referred from one of the Urban Justice Centers within NYC. One thing I will do differently is pace myself. I will accomplish this by sticking to a schedule. Another thing I will change is keeping in contact with my classmates. During the end of last semester, the encouragement of my class mates kept me going. They were prayerful and reminded me I can do all things through Christ who strengthens me.