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NUR392- Clinical  
Nursing of Children and Adolescents Clinical

## Journal 1

- a. A short summary of your clinical experiences that week (20 points)

A short summary of this week's clinical experience was being able to adjust to a new facility and being able to find my way around the hospital. I was able to familiarize myself with the equipment within each patient's personalized rooms. As well as getting to approach my patients differently as I would an adolescent patient, and getting to know the baselines of my patient and whether or not she actually requires medical attention or not.

- b. A discussion about the greatest challenge you experienced during the clinical day (15 points)

The greatest challenge experienced in clinicals my first week was being able to adapt to the new facility and getting to meet all the new faces on my first day. Getting familiar with my nurse and how she operates as well as getting to know my patient to the best of my ability. As well as getting into the habit of approaching and assessing my pediatric patient differently as I would from an adolescent. My greatest challenge experienced during my first clinical day was being able to adjust to the time after waking up very early, but after morning coffee and a tour, I was able to adjust and get into the rhythm of caring for patients.

- c. Self-reflection on areas of personal, spiritual, and professional growth for the week (15 points)

Spiritual and professional growth for this week was I was able to grow in being able to approach a pediatric patient entirely different from approaching an adolescent patient, in which it's more of a assessment based on their developmental levels and whether they are developing on time and if any delays, what is causing the delay and how to treat it as best as possible. As well as getting used to the new terminology and being aware of more assessments required based on age and developmental levels.

- d. Your greatest accomplishment of the week. (10 points)

My self-reflection areas of personal growth was being able to approach my assigned nurse with confidence in reporting bowel movements, vital signs, or any new information required to report. As well as being able to sign out my patient for physical therapy time and being able to spend a decent amount of time getting to know my patient on a deeper level.

- e. A self-evaluation of the technical skills performed that week (10 points)

My self-evaluation of technical skills was being able to be confident in communicating with the other nurses if I have any questions in regards to my patient or equipment needed for any interventions. As well as being able to help clean up and assist my classmates for any interventions or assessments that need to be done or require more than one person to care.

- f. Self-evaluation of interpersonal communication skills with clients, family members, staff, faculty and other students. (10 points)

Professional growth and interpersonal communication skills with clients, family members, staff, faculty and other students as well as identified areas were effective and engaging. Being able to communicate with my classmates, professor, as well as the nurses and PCAs was easy going and effective. As well as all the nurses and PCAs are very helpful and easy to approach.

- g. Areas identified for improvement in subsequent clinical experiences. (10 points)

Area identified for improvement in subsequent clinical experiences was not being able to engage with my patient upon my initial assessment during the hospital tour because she had just been checked out for therapy. I was not able to see her for the first hour, but afterwards I gotta make up for lost time after she returned back from therapy. I was able to perform all assessments required and obtain as much information as I could from my patient and nurse.

- h. At least one scripture reference used as meditation that assisted you with meeting clinical goals this week. Reflect on the application of the scripture reference to your clinical experience.

**Bible Verse:**

**Hebrews 6:10: For God is not unjust so as to forget your work and the love which you have shown toward His name, in having ministered and in still ministering to the saints.**

This verse resonates with me during clinicals in reminding me to provide care and love for all my patients and interactions with people, as I would treat the Lord. In which reminds me to treat everyone equally and provide the best care possible.