

Rebecca Ennis-Paez Reflection 1: 1/26/2023

Reflect on your experience from last semester. What did you do well? What would you like to learn more of? What do you plan to do differently this semester? Use this journal to tell me about your last semester and to discuss what you want to accomplish in the field during the spring of 2023.

Last semester I found to be very challenging. From the beginning of the fall to the end of the semester I felt as though that I never quite got my footing; juggling motherhood, class work, work and internship. The aspects of my internship that I did well are caring for my patients. I am in a clinically intensive internship. While learning the “in's and outs” of a social work are part of my daily routine, a very large part of my internship routine (and arguably the most important) are following up with my patients, seeing patients (virtually online and in person) and performing billing tasks so the practice is paid on time by the patients and insurance companies. My strengths by far are at the micro-level working one on one with the patients. Where I was struggling is getting my billing tasks done in a timely manner. I also struggled to get my journals and process recordings done for field every week. I feel that this semester I am already off to a better start. I am working hard to get myself more organized. I also have part-time help in the home so I should be able to manage everything a little but easier.

This semester I will continue to work on a micro-level with my patients. I will also be working on both a mezzo and macro level as I work with Insurance companies, our biller and military resources to see what it would take to create a therapeutic support group for military families. I have a lot on my docket for this semester but I am looking forward to the challenge.