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PNM 346

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28 January 2023

- After reading through *Spiritual Direction In The Roman Catholic Tradition* by Rev. Gene Barrette. What is presented to me about it is the information and explanation of the spiritual direction in the Roman Catholic foundation and view. What I could understand is a better look into the roots that help get a better insight of life transforming from a normal lifestyle to a disciple structure of divinity . I apologize in advance as I have always been guided away from reading or even learning from Roman Cathology coming from a Pentecostal background the basics that were taught to me was stay clear from Catholic churches and anyone who spoke to me about it but as this being an assignment and being in a christian university I have expanded my confort zone and have opened my eyes to different denominations.
- What I learned from the article is that Spiritually Direction is a tradition that is worldwide throughout the Roman Catholic churches of guidance and leadership to guide those to follow through the right direction and grow spiritually in the diviness of faith and journey to God to follow in his will and command .

- Coming from a different religious background the way I will approach the discipline moving forward to continue to accept and let God lead my life each day that he allows me to open my eyes and take a single breath. Staying true to my faith and trying my best to steer clear from temptation and not just let God do it all and meet him halfway my discipline is to build a deeper and more personal relationship with God and just as the Roman Catholics have spiritual direction in their tradition I know I can always speak to a pastor when in doubt to guide me spiritually and help me achieve deeper knowledge as I take my walk in faith. This was a very interesting article to me despite it being long when it is treated from an outside perspective it draws in the reader to a whole new world and understanding.