

Journal 1: Milestones in the Development of Social Work & Social Welfare
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After reading the timeline of the milestones in social work and social welfare, I learned that the social work profession came a long way. To be honest, I was a bit skeptical about Jane Addams and some White American social work pioneers because I could not understand why they didn't help African American communities and populations while they were helping other populations of different ethnicities. I learned, later down the road, that she was against racial segregation. Nonetheless I thought about if social work never became a profession what would the state of America be? Due to so many social injustices and issues taking place in the United States, it is very clear that social work practice is very needed. I view the practice as a bridge between the government and the citizens. I noticed how social workers were at the forefront of most national crises that took place in the United States which was inspiring, and they displayed, social work is not only a helping profession but they're activists too. The social work practice is not perfect, but I witness how the profession carry out their core values by helping people in need, and speaking against injustices, and implementing policies and laws to better serve people no matter the class, race, ethnicity, sex, gender, and or religion.

Another interesting fact I found out was that social work month takes place in March. I never knew social work had their own month to commemorate social work practitioners and the profession. It's refreshing to know the social work profession is celebrated, because it rarely gets the recognition it deserves. Social workers play a key role in addressing social injustices and play a significant role in policy making which is worthy of acknowledging and paying respects to.

After reviewing the slides, I am glad to be part of this practice and I feel inspired to go into policy making to help contribute to creating policies that will enhance people's quality of living.