

Psychotherapy

Dr. Maret

Unity 2

Strengths & Weaknesses

Esther Oliveira

As a counselor, I need weakness is dealing with clients that lack commitment. A person that refuses to follow the assessments, hours, and schedule and to cooperate with the treatment. A person that is not willing to assume responsibility and to be open to change. An efficient therapy that brings outcomes must involve cooperation between the client and the therapist.

My strength is being capable of attending to so many families during these 38 years as a pastor. Being able to help people during their crises and help them to a couple of so many different problems and issues, I'm very grateful to God for that.

Confidentiality, an open approach, and bringing God to be the center of the counseling sessions, believing that all things are possible with Him. Even though the situation can be challenging and brook hearts, God can stand His grace and compassion.