

For me, this article is presenting on how we as Christians should try to understand other people's traditions and spiritual direction. The author of this article makes a point on how spiritual direction is practiced in the Roman Catholic tradition and how it compares with other Christian denominations. The author Rev. Gene Barrette defined tracing "spiritual direction" in the Roman Catholic Tradition as trying to harvest fields rich with produce almost beyond counting, teeming a bounty sprung from charisms of the Holy Spirit seeded over the centuries. I think the presentation is interesting because sometimes Christians from different denominations/branches of the Church in my opinion really struggle to love people well sometimes. Sometimes, we get so caught up with wanting to push our own opinions or just saying the right things that we sometimes miss the bigger picture. I believe that spiritual direction for Catholics is something that we as Christians from other branches need to learn to get around because Catholics have beliefs that are very different from us, and God wants them to see where His heart is for them. I believe that for Catholics, helping them to understand more of the relational aspect of God's love is important because it is easy for people to sometimes get caught up more in the works and yet missing the first love. What I believe is that people need to know about how God desires to lead people to Himself. That is where we get spiritual direction. Spiritual direction for me is about wanting to lead people spiritually closer to God and that God Himself wants His people to be with Him where He is both now and forever. Like every other Christian, Catholics individually have their own way of how they are guided spiritually by God. Catholic Christians often like to go by not just the Word of God, but also combine that with church tradition. It is so important for us to know what God's Heart for the Catholic Church is.

Learning about early Church History is important as it becomes a steppingstone to understanding spiritual direction. When Constantine accepted Christianity several years after the persecution of Christians in Rome was over, the author stated that it robbed Christians of dramatic occasions to manifest his or her total gift of self to God by suffering or dying for their faith in Christ.

For me, the way I would approach the discipline going forward is that I would talk to Catholics and ask them about how their faith journey has been. In order to help people and spiritually lead them closer to Christ, we must understand where they are at with their spiritual journeys. We as brothers and sisters in Christ must encourage one another to walk before God and follow His ways so that they can fully experience the plans that the Lord has for them. God's plans for every one of us is bigger than we think. God is good all the time and all the time God is good.