

ESSAY - DUE BY 01/25/23

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PSY321 (Prof. Flavin)

The Idea can be traced back to Plato, Aristotle that dealt with the same issues that concern Psychologist today, like memory, learning, motivation, thoughts, perception, and abnormal behavior. If we go back to ancient philosophical writings about problems that came to be psychology. The distinction between older discipline of philosophy from modern psychology has more to do with the methods used to answer the questions in psychology through scientific method. Initially, philosophy was speculation, intuition, and generalizing based on one's own past experiences. The transformation happened when philosophy started to apply tools the tools and methods already successful in the biological and physical sciences to expand on inquiries about human nature. When observation and experimentation became more controlled, then psychology began to attain an identity apart from its philosophical origin. Psychology required more definitive way of addressing subjects through developing method and tools to achieve “precision and objectivity” and developed the topics addressed as well as the answers attained

The nineteenth century was the starting point of the history psychology where it branched off and became an independent discipline with methods of “inquiry and theoretical rationales.” While it is noted that Plato and Aristotle were mindful of the issues of generally, the “approached the problems in ways greatly different than today psychology. They were psychologist in the modern-day sense of the phrase.” Psychology as a science requires something to study, because the mind and mental process vary with an individual’s behaviors or the results of the behavior becoming the measurable thing. Result of the change in temperature, or lack of work, or the effects of war, etc.; recreating real world situations, now verifiable with data through control means, research and studies (often utilizing the zeitgeist, proving relevance).