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Human Behavior 2
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Reflection #1
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Respond to the questions below based on your review of chapter 1 of the course text.

1-Describe the basic ideas of the Ecological Systems Perspective in Social Work.

Ecological systems are two or more organisms that interrelate with each other. The basic ideas of the Ecological systems perspective are delineated as firstly, understanding that the only way change can be reversed is by being in a conducive environment. A system is a set of elements that effect or influence one another; for example someone who experience poverty or haven't receive the proper amount of nurturing through their earlier stages of growth, will have a hindrance at a point in the development of that individual behavior, which can effect that person to become their perpetrator or an product of their environment , which stimulates offensive behaviors, such as aggression; but that's when the role of an educated social worker is needed. The Social Worker helps the client to identify these systems behaviors, so that the growth derived from negative influences can be reversed, but only by being in a conducive environment. To elaborate more on this idea, another example can be an individual who decided to move to a different environment that's more positive and less regressive, which allows growth, which then allows that organism to change; due to exposure of new social systems, such as an institutions, household, government, or colleagues. These different systems play a role in how social systems affect or influence an individual.

2-Explain the four levels of systems that conceptualize the social environment that were developed by Brim and Bronfrenbrenner.

- The **Microsystem** is the smallest and most immediate environment in which an individual lives in; an example of this can be an individual school, household, or their neighborhood.

- The **Mesosystems** is the relationship between microsystems; such as home and school, friends and family, or family and church; for example, if a parent and a teacher have a great relationship that focus on the development of a child educational development, then the child may have a greater chance in prospering in school.

- **Exosystem** is a relationship that may exist in two or more settings. An example can be a dad who's overwhelmed and stressed out from work, which causes him to bring that stressful tension home to form a toxic household.

- **Macrosystem** is the largest system that contains all the distant people and places that can affect an individual; for example, a Jewish teen who grow up in the holocaust maybe develop differently than someone who grew up in a peaceful country who's for the equality for all people.