

Carl Molano

Prof. Maret

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What is a Christian psychologist? And is this terminology useful? This essay will explore the term Christian psychologist and whether this is useful terminology.

Do I think that the words Christian psychologist is a useful term? I do not think that it is a useful term from my perspective. Because to some people that term does not mean anything, and to some it might mean the world to them as far as having a psychologist to speak to, and try to better understand the issues that they are having in their lives. To others that means absolutely nothing. I think that it depends on the person and their religion.

What do I mean when I say, Christian psychologist? All I mean when I say this is that my psychologist is from the Christian faith. Just as if I said an Islamic psychologist or an atheist psychologist. To me, that is what it means. I feel that it better fits the person who is seeing the psychologist. That is what this terminology means to me.

The way that I feel people might mean different things is that it is based on the person individually, and how deep that person is into their faith. Like if an atheist went to this Christian psychologist, both of them would steer the examination away from a spiritual aspect and more towards straight clinical talk. Whereas, a Christian would steer it in the direction of both a spiritual and clinical aspect to better understand their issues.

In conclusion, I feel this entire question is based on the person's religion and denomination when it comes to being treated. It could help better or it can worsen the situation. Like if the psychologist started speaking from a religious aspect and the patient is either a Muslim, an atheist, etc.