Phoebe Kim
PSY321
Dr. Amy Flavin
January 23, 2023

Modern psychology is viewed as having roots in ancient scholarly philosophy as well as in both the 19th and 20th centuries. Psychology has origins from ancient history with famous philosophers like Plato, Aristotle, and others. According to Schulz, their ideas and writing about subjects such as memory, learning, motivation, thought, perception, and anormal behavior are what psychologists today are continuing to research in their fields of study.

In the nineteenth century, philosophers began to apply their tools and methods that were already present in the other sciences to answer and explore questions about human nature. At the time, human nature was generalized based on their own experiences. It was not until they began to carefully observe and experiment that they came to realize that the human mind was a different entity field of study, not related to the physical and biological sciences they initially knew of.

By the end of the nineteenth century, psychology was emerging as an independent discipline and were approached by different methods. Psychology came to be by joining philosophy and physiology together. Early psychologists such as Carl Jung and Sigmund Freud were becoming the forefront psychologists and were making significant impact.