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Modern psychology is viewed as having roots in ancient scholarly philosophy as well as in both the 19th and 20th centuries. Much of the ancient scholarly philosophy focused on memory, learning, perception, abnormal behavior, thoughts and motivations (Schultz, 3) These same themes and topics are very much present and apparent in psychology today. While the Greek philosophers, such as Plato and Aristotle, searched to ask about human nature, they set up the framework for humans to think about their nature. However, it was not until the 19th and 20th centuries that psychology became its own field of study and differentiated with philosophy because it explored the scientific approach to answer these questions of why we are the way we are. Psychology uses actual methods and studies to seek these answers. It is viewed as having roots because of the ways that these people began the conversations that led to experimentation and observation and theories that we have built for us today that were just an idea then such as instincts and memory, the developmental stages of fetus, and the studies of mental illness.