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Swk354/554

Human Behavior in the social environment 2

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Reflection #1

1-Describe the basic ideas of the Ecological Systems Perspective in

Social Work. *According to the book, the Ecological systems can help the Social work profession by helping to understand the connection between humans and the social environment. Holism is a central principle in the Ecological systems perspective, it illustrates how the individual person is more than just the sum of its parts. Holism argues that the person and the social environment are conjointly working together in shaping each other. Reductionism is another major part of this system, reductionism is the opposite of holism. This means that it assumes that the whole is the sum total of all its parts.*

2-Explain the four levels of systems that conceptualize the social environment that were developed by Brim and Bronfrenbrenner.

- 1. Microsystems-** *This system is based on the smallest and immediate environment of a person. Microsystems consist of the closest relationship a person has which are usually their parents, schools, siblings, and communities.*
- 2. Mesosystems** *This system explains the personal setting in which a person spends their social lives. This interaction affects how the person grows and develops mentally.*
- 3. Exosystems** *The Exosystems are different systems that a person may or may not be involved in but can still have a direct impact on the person's life. For example the neighborhood a person grows up in can impact their life even if they are heavily involved in neighborhood activities.*
- 4. Macrosystems** *This is the largest system and it's where the three other systems are located (microsystems, mesosystems, exosystems) other systems are located. This can be known as the culture or values of an individual.*