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PSY 321

Why modern psychology is viewed as having roots in ancient scholarly philosophy as well as in both the 19th and 20th centuries?

In an effort to understand how modern psychology got its scientific nature, it is necessary to revert to its origin and historical events which played an important role in the developmental process. Before psychology was accepted as a scientific method of study, philosophy was the scientific discipline of study that was used to determine human behavioral patterns. Although this biological approach focused merely on the origin of the behavior, it is credited for the birth of psychology, in that it provided the study of psychology with a variety of topics of study to its field. The academic discipline of the study of psychology originated in the 19th century, this scientific field of study has a vast foundation of history. However, over time this field of study changed in the aspects of its form, approach, and definition. Yet many modern psychologists have concluded that in an effort to better understand and explain the behaviors their patients' experience, they must resort to the historic fundamental framework of psychology. This is why this independent psychology structure which was established in the 19th and 20th centuries is viewed as the root of modern psychology.