

The Conceptual Framework of Nursing

What is nursing without guidance? How can I be the best nurse that I can be without a purpose? The conceptual framework of nursing is a valuable way to understand the role of a nurse in our society. Any profession should live by a framework to be able to perform significantly. Alliance University's School of Nursing believes in seven theories that mold their conceptual framework. The conceptual framework includes Godly living, person, health, the environment, nursing, service, and cultural competence. They believe nursing students should abide by this framework to become well-respected nurses. In my essay, I will state my point of view on each theory and explain why all nurses must follow a framework.

One of the theories in Alliance's conceptual framework is Godly living. It explains that you cannot practice Christian nursing without having a personal relationship with God. A relationship with God consists of praying, doing bible study, and having faith in Him. This is a critical theory because many nurses have lost their faith, which can affect their work. If a nurse does not have a personal relationship with God, they cannot be effective in their profession.

Our culture shapes how we think about health and illness; however, some commonalities bind individuals together regardless of cultural norms or life experiences. For example, everyone has experienced pain, whether physically or emotionally, at some point in their lives. The conceptual framework provided by the Alliance's Department of Nursing is an excellent place to start when thinking about how Christian nurses should approach their work. However, I do have

some concerns with the framework. It should also include more information about how a person's life experiences shape their worldview and how it can impact their experience with illness. Additionally, I think it would be helpful if there were more information about what happens when a person has a disease but does not believe in God.

This conceptual framework might make it difficult for people who are not Christians to feel comfortable in nursing school or on the job. I think it is important that educators continue to teach students what they believe and why they believe in it—and acknowledge that other people might have different beliefs than ours. So, I agree with the conceptual framework as written. It is essential to consider the person and their relationship with God when delivering nursing care from a Christian worldview. When we look at Marlow's hierarchy of needs, each aspect should be considered to provide the best quality care to our patients. I also agree that health can be defined as more than just the absence of disease. I think many things can affect one's health besides disease: diet, exercise habits, stress, and levels—these are all things that can affect how someone feels inside or out.

Following this conceptual framework, I believe, will lead me, and others, in developing as a professional nurse by providing a solid foundation for delivering nursing care in a Christian worldview. This is important because it helps me to understand what is expected of me as a nurse and how to provide that care. I believe that the way Christian nurses treat patients reflects their understanding of God and His role in human life.

Our health is the state of being and feeling whole, complete, or balanced. An individual can be healthy mentally, physically, and spiritually, but the society we live in can play a role in our health status. A person's level of health determines whether they can lead a fulfilling and meaningful life. The environment is made up of sights, sounds, and other sensory information

that we encounter every day. The way we interact with the environment reflects and influences our thought. This is my understanding of what is being interpreted from the theories of health and environment.

A conceptual framework for professional development is a good way for students to develop as professionals. It allows students to understand the importance of their personal growth, their relationship with God, and how their interactions with others can affect those around them. This framework allows me to consider how I can relate these concepts to a nurse's role. One of the most critical aspects of this conceptual framework is that it provides an excellent opportunity for nurses to examine themselves and their beliefs. Nurses are often in positions where they are helping others, which means that it is essential that they have an accurate understanding of who they are and what they stand for so that they can provide proper care. The framework reminds me that my purpose as a nurse does not end when I leave work; instead, I should always strive to improve myself to be prepared for whatever challenges come my way during my career.

The one concept I would remove from the framework is service to others. Although this is a central part of Christian nursing, it should only be a guiding principle for some nursing practices. In addition to providing care to patients and their families, nurses also work in public policy and support research initiatives and health promotion activities. I would add advocacy as an additional principle. Having advocacy for our patients or any other person we encounter is vital. They put their faith in us when they are vulnerable. So, a person's dignity must be preserved, treated equally, have a voice regarding their health decisions, and receives the utmost care.

The conceptual framework is a helpful way to understand nursing and its goals. The values at the core of nursing—cultural competency, service, and advocacy—are essential to consider providing quality care. As nurses, we must never forget that our patients come from different backgrounds and experiences than us, so it is vital that we try to understand where they are coming from. By understanding their beliefs and values, we can provide better care for them. Additionally, by serving others in need and advocating for them, we can help ensure everyone has access to the resources they need to be healthy.

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